



# Rudolph Foods In The News

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page 1 of 1



## Recipe Roundup

### Guacamole Dip with Pork Rinds

*From Rudolph Foods*

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**2 ripe avocados**  
**4-5 green onions, chopped fine**  
**1 small tomato, chopped fine**  
**1 teaspoon lemon juice**  
**1/4 cup mayonnaise**  
**Salt and pepper to taste**  
**Dash of hot sauce**

Mash avocados with a fork. Add finely chopped green onions and tomatoes, blend with avocados. Add mayonnaise, lemon juice, salt, pepper and hot sauce; mix well. Serve with pork rinds.

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