



# Dei Fratelli In The News

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MON TUES WED THURS FRI  
09.11.09

**Hungry Girl**  
The #1 Trick... For Hungry Girls!

**BITE GIRLS BITE OUT**

Here are a few AMAZING products we feel are worth the trouble it takes to get your hands on 'em...


**Starbucks VIA Ready Brew**



One would THINK [these instant coffee sticks](#) would be easier to locate, considering there's a Starbucks on practically every other block. But sadly, VIA isn't available in stores outside of [Chicago, Seattle, and London](#). Not fair, right? Luckily, you can [buy it from the comfort of your computer chair](#) and have it delivered to your doorstep. Yes, we recognize the irony in ordering "instant" coffee online and waiting days to receive it, but it's worth it. Really. Try both varieties: [Colombia](#) (medium with a nutty flavor) and [Italian Roast](#) (extra-bold with a deep "roasty-sweet" flavor). This is the best instant coffee. Ever. (In other words, it's worth the price.) P.S. If you're wondering why there are no nutritionals, it's because a serving of it doesn't contain significant amounts of calories, carbs, etc. Just don't start consuming coffee grounds in bulk.

**Breaking 'Bucks News!** We've just received word that, beginning on September 29th, [VIA Ready Brew will be available in all Starbucks locations nationwide](#) (in both the U.S. and Canada). Woo-hoo!!!


**Dei Fratelli Pasta Sauce**



**PER SERVING (1/2 cup):** 45 - 80 calories, 0 - 3.5g fat, 260 - 480mg sodium, 8 - 11g carbs, 2g fiber, 5 - 9g sugars, 2g protein -- **POINTS®** value 1\*

One day, some delicious sauces appeared on our doorstep. We tasted them, fell madly in love, and then discovered they're not sold ANYWHERE near us. Those of you in southeastern states or the Midwest, keep an eye out for [this sauce line](#) on the shelves at your grocery store (or [call for store availability](#)). The rest of us will have to [order online](#). The sauce comes in a TON of flavors like Arrabbiata, Fire Roasted Vegetable, Three Cheese, Tomato & Basil, Homestyle, Marinara, Mushroom, and Traditional. WHEW! We're tired and hungry just thinking about all those yummy flavors. The company's [canned tomato products](#) are top-notch and worth noting as well... but we're too winded to rattle off all those varieties, too. Another thing to love about the Dei Fratelli folks? They're WAY into [healthy living](#). Their stuff is all-natural and they make [Low Sodium and No Salt Added products](#) as well. Yippee!


**Baja Bob's California Mudslide Mix Singles**



**PER SERVING (one pouch):** 0 calories, 0g fat, 15mg sodium, 0g carbs, 0g fiber, 0g sugars, 0g protein -- **POINTS®** value 0\*

When you go out for drinks with friends, there's always someone who'll order that mega-monstrosity known as the Mudslide. It's full of ice cream, booze, coffee, and chocolate, and it's a TOTAL calorie-catastrophe. Enter Baja Bob to save the day! His [Mudslide mix](#) has got all the essential flavors: real cocoa, coffee powder, and some sweetness, courtesy of Splenda. Blend up one of these packets with water, ice, and your alcohol of choice (vodka or rum recommended), and you're indulging safely in the comfort of your home. And since it's portion-controlled, you don't need to mix up a whole pitcher of the stuff. Our love for Baja Bob's no-guilt cocktail mixers is no secret, but it's kinda hard to find the stuff. First option: [Click here](#) to see if it's sold near you. Second choice: Get it [directly from Bob's site](#) (or [another online retailer](#)). You can [order online](#), over the phone, via fax, or even through the mail the old-fashioned way. That's right. Your bases are covered, no matter how high- or low-tech you are. Bottoms up!

**Big Shott's Edible Shooters**



**PER SERVING (1 shooter):** 20 calories, 1g fat, 2mg sodium, 2g carbs, 0g fiber, 1g sugars, <1g protein -- **POINTS®** value 0\*

There's nothing not to love about [these things](#). They're small enough to be adorable and big enough to not seem like a waste of effort. What are they? They're TINY ICE CREAM CONES LINED WITH CHOCOLATE. Needless to say, we were sold pretty quickly. There's just one itty-bitty problem... they come from Canada. Luckily, Canadians are sweet and generous people who are willing to share their delicious little ice cream cones with their neighbors to the South, but only online. You can [order directly from the company](#) -- just click the "Store" tab on the website. That's what we did. There is a 6-box minimum, but we're not worried about the large supply going to waste -- between our cute new soft-serve machine ([click here](#) to see pics!) and our Baja Bob's Mudslide Mix (why do you think they're called *Shooters*?), we plan to get our money's worth out of these. They'd be a hit at any party, and they'll help you make a LOT of creative mini-desserts. Hooray!

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